



Lafayette, Kentucky
October 9th, 2010
Registration 7:00 AM
Race Start 8:00 AM

We hope that you will join us for the 2010 Little River 24 hour challenge. Our course runs over smooth, low traffic roads in the remote but friendly community of Lafayette, KY.

24 Hour Option: The 24 hour option gives riders the opportunity to test themselves by riding as many miles as possible in 24 hours. Competitors will begin on a 60 mile loop around southern Christian County Kentucky. Each competitor must complete at least three circuits of the 60 mile loop before changing to the shorter 8.5 mile loop which they must then follow until the completion of the race. Riders may ride the 60 mile loop more than three times. Keep in mind however, that only miles verified at the checkpoints (located at the start and mile 33 of the large loop) will be counted - partially completed legs will not count. Drafting is allowed.

12 Hour Option: The 12 hour option gives riders the opportunity to test themselves by riding as many miles as possible in 12 hours. The 12 hour racers will compete on the same course as the 24 hour group and will follow the same rules and procedures. Drafting is allowed. The time limit is the only difference between the two options.

Complete rules available online at:

www.littleriver24.com

Contact:

kevinwarren1@hotmail.com

Registration cost is \$25 in advance
\$40 after September 20th

Current Course Records

24 Hour Male Solo

367 miles
Hiscox, George
Jackson, TN

12 Hour Male Solo

231 miles
Carpenter, Paul
Batavia, IL

12 Hour Female Solo

137 miles
Galvin, Jennifer
Nashville, TN

12 Hour Male Recumbent

197 miles
Graham, Larry
Westerville, OH

This is a UMCA Ultra Cycling Cup Event

For more information on the Ultra Cycling
Cup Series visit:
www.ultracycling.com/events/races.php

Little River 24 Hour Challenge

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____

Option: (circle one)	12 Hour	24 Hour
Division: (circle one)	Male Solo	Female Solo
	Male Recumbent	Female Recumbent
	Tandem	

WAIVER, RELEASE AND CONSENT

In consideration for allowing my participation in the Little river 24 Hour challenge, I freely agree to and make the following contractual statements and agreements.

Risks of Bicycling: I fully realize and appreciate the dangers of riding a **bicycle** on open public roads and fully assume the risks associated with this activity including, by way of example but not limitation, the dangers of collision with pedestrians, vehicles, other cyclists, and fixed or moving objects; the dangers arising from surface hazards, pot holes, broken roads, equipment failure, inadequate safety equipment, and weather conditions; and the possibility of serious physical and/or mental trauma or injury associated with **bicycle** related mishaps. I understand that potentially dangerous situations may arise during the event which are beyond the control of event organizers. Knowing these risks involved, I nevertheless agree to assume those risks and to release all the persons or entities mentioned below for any injury, death, illness or property damages occurred during this event or in the travel to and from this event.

Responsibilities of Bicyclist: I attest I will be riding at my own risk and release the aforementioned entities from liabilities for any injury, death, damages which may occur to me or anyone else. I further attest that I am physically fit and have sufficiently trained for the completion of the Little River 24 Hour Challenge. I also agree to wear a Snell approved **bicycle** helmet at all times when riding a **bicycle** during this event. I also agree to have adequate medical insurance coverage for the duration of the Little River 24 Hour Challenge. I consent to and permit emergency medical treatment in the event of injury or illness. I attest that I will abide by the rules and regulations of this event, and all state and local municipal laws applicable, including vehicle laws and practice safety in bicycling.

Release: Having read the foregoing material, I hereby waive, release, and discharge, for myself, my heirs, my executors, administrators, successors, and assigns, any rights or claims which I have or may hereafter accrue to me against the officers, employees, owners, volunteers and staff of the Little River 24 Hour Challenge, participating clubs, sponsoring businesses and organizations, and the cause(s) for which I am raising funds, if any, for any and all damages which may be sustained by me directly or indirectly in connection with my participation in this event subject to Kentucky law.

Signature _____

Name (Print) _____ Date _____

Mail this form and your fee to:

Little River 24 Hour Challenge
C/O Kevin Warren
308 Crestview Drive
Hopkinsville, KY 42240

Registration Cost Before September 20th: \$25
Registration Cost After September 20th: \$40